



Derby City Council



**Room to care, time to share**

**BECOME A SHARED LIVES CARER**

## WHAT IS SHARED LIVES?

Derby Shared Lives are one of many schemes throughout the country that care and support vulnerable adults in carers homes, either on a long-term basis where the customer will live in the carers home as part of the family or as a respite/ overnight arrangement or on day support basis, where they will spend some time during the day with their carer. Shared Lives are regulated and inspected Care Quality Commission (CQC).

The scheme has 1 Shared Lives Manager, 4 full time and 1 part time Shared Lives Coordinators. There are approximately 55 carers throughout the city that support 128 vulnerable adults ranging from 18 years old upwards.

## WHO ARE SHARED LIVES CARERS?

Shared Lives carers come from all walks of life and are someone just like you. Shared Lives carers offer care and support in their homes and may live alone, with a partner or with other family members. The carers open their home to customers and support them with day-to-day tasks, emotional and physical support but also the opportunity to be part of the community.

Carers will encourage and support customers to become more independent and help them build their confidence to make decisions about their care and support. They will introduce them to people within their family but also within their larger community to help them build friendships and attend social activities and events.

Shared Lives is not just about care and support but about opening the doors to choices, satisfying experiences and a sense of belonging.

If you are interested and would like more information about becoming a Shared Lives Carer please contact one of the team:

Telephone: **01332 640777**

Email: **[sharedlives@derby.gov.uk](mailto:sharedlives@derby.gov.uk)**

Website: **[derby.gov.uk](http://derby.gov.uk)**

## HOW DOES IT WORK?

Shared Lives Carers share their home and community life with individuals ranging from a few hours a week, to long term live in arrangements.

It could be for a day or two a week, to longer stays over a weekend or even a long term live-in arrangement. The choice really is yours. Shared Lives fits into your daily life and is flexible enough to give people who work, but also want to care, the opportunity to do so. You can have a great work life balance using your own home.

We don't expect people who become Shared Lives Carers to do so for free so there are allowances to cover the time you offer to provide support.

You can support up to three people depending on the type of accommodation you have, which enables you to earn and benefit from significant tax concessions.

You would work on a self-employed basis, with flexibility to choose how much you work and when you work.

# WOULD I BE A SUITABLE CARER?

Being a Shared Lives Carer can be a thoroughly rewarding and positive career choice.

## **Do you have adult caring experience?**

We will put you on free training courses where you will achieve a Care certificate.

## **Will I receive training?**

Yes, you will be expected to commit to training and will receive free training and induction at the start of your journey to become a Shared Lives carer. There will be mandatory training to complete and you will be expected to attend the refresher courses as required. There will be also be additional training courses available bespoke to the support needs of your customer.

## **Can you drive and have access to a car?**

You may be supporting a number of customers across the city so will need access to transport.

## **Would you be willing to support people through difficult times?**

You will be allocated a Shared Lives Coordinator who will meet with you on a monthly basis to guide, advise and support you. They will always be at the end of a phone should you need them and happy to pop out and see you. They will keep you up to date with and guidance or legislation and will discuss your current customer and new referrals with you.

## **What checks do we undertake?**

As you will be supporting a vulnerable person we will undertake the following checks:

- Disclosure and Barring Service (DBS) – Police check
- References
- Employment history including reference from current employer
- Health Declaration – health check from your GP.

## **What happens after the checks and references have been completed?**

Once the references and checks have been completed, a coordinator will contact you and complete the assessment with you. They will visit you and talk you through the process and explain what it means to be a carer. The coordinator will visit your home to ensure it is clean, tidy and safe.

Once the assessment has been completed you will be invited to an independent panel of representatives where they will finalise the assessment process and make a decision regarding approval. Once approved you will be allocated a coordinator and your induction and training will be arranged.

## **Once approved what happens?**

Once approved you will need to –

- Complete mandatory training and induction
- Arrange Landlord's Gas Safety Certificate
- Arrange Public Liability Insurance (Shared Lives Plus)
- Ensure you have valid car insurance
- Ensure you have valid home insurance
- Undertake a health & safety check of your home.

You will be contacted by the coordinator when they have a customer, they think you are a match for. The coordinator will come and speak to about the referral and if you feel that you were a match, they will arrange an introductory meeting for you and the customer.

You are not employed by Derby City Council but are a self-employed carer for Shared Lives so you are able to decide the type and frequency of the support you provide.

There are different types of support in Shared Lives including –

- Long term – where the customer lives with you
- Respite/Short breaks – occasional nights a customer will stay with you
- Day support – this is support during the day and the customer returns to their family home or a long-term carer.

Long term carers receive minimum of 28 days respite so they can take holidays and relax. All carers are paid an allowance for the support they deliver. Carer invoice the scheme on a monthly basis but your coordinator will show you how to complete an invoice and submit it.

The customers that use the scheme have complex needs and can require help with their personal care, budgeting, cooking, travel training etc but it is very rewarding career.

### **Do I get to meet other carers?**

The coordinator will keep you updated of dates for the Carers Forum and the social events the scheme runs. This will be an opportunity to meet other carers and customers in a friendly environment.

So if this is for you we would love to hear from you so please contact us and become part of the team:

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Email: **[sharedlives@derby.gov.uk](mailto:sharedlives@derby.gov.uk)**

Website: **[derby.gov.uk](http://derby.gov.uk)**





We can give you this information in any other way, style or language that will help you access it. Please contact us on **01332 640777** or **derby.gov.uk/signing-service**

#### **Punjabi**

ਇਹ ਜਾਣਕਾਰੀ ਅਸੀਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਵੀ ਹੋਰ ਤਰੀਕੇ ਨਾਲ, ਕਿਸੇ ਵੀ ਹੋਰ ਰੂਪ ਜਾਂ ਬੋਲੀ ਵਿੱਚ ਦੇ ਸਕਦੇ ਹਾਂ, ਜਿਹੜੀ ਇਸ ਤੱਕ ਪਹੁੰਚ ਕਰਨ ਵਿੱਚ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰ ਸਕਦੀ ਹੋਵੇ। ਕਿਰਪਾ ਕਰਕੇ ਸਾਡੇ ਨਾਲ ਇੱਥੇ ਸੰਪਰਕ ਕਰੋ: **01332 640777** ਜਾਂ **derby.gov.uk/signing-service**

#### **Polish**

Aby ułatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacie, stylu lub języku. Prosimy o kontakt: **01332 640777** lub **derby.gov.uk/signing-service**

#### **Slovak**

Túto informáciu vám môžeme poskytnúť iným spôsobom, štýlom alebo v inom jazyku, ktorý vám pomôže k jej sprístupneniu. Prosím, kontaktujte nás na tel. č.: **01332 640777** alebo na stránke **derby.gov.uk/signing-service**

#### **Urdu**

یہ معلومات ہم آپ کو کسی دیگر ایسے طریقے، انداز اور زبان میں مہیا کر سکتے ہیں جو اس تک رسائی میں آپ کی مدد کرے۔ براہ کرم **01332 640777** یا **derby.gov.uk/signing-service** پر ہم سے رابطہ کریں



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